SERVICE OPPORTUNITIES

Big Brothers Big Sisters Mentor

Qualified high school students serve as mentors to an elementary school "Little". Littles and Bigs meet once a week in a group setting at the Little's school. Participating schools include Pacheco, Del Mar and Nipomo Elementary. This program is facilitated by a Big Brothers Big SIsters staff and has a curriculum designed specifically for this peer-to-peer age group. Topics include academic achievement, bullying, self-esteem and relationship building blocks.

Contact: www.slobigs.org

805-781-3226

Child Development Resource Center Volunteer

The Child Development Resource Center of the Central Coast (CDRC) is a nonprofit organization and community program that provides educational and therapeutic programs focused on protecting children through our commitment to heal, support and strengthen families in need within San Luis Obispo County.

The best hours to observe/volunteer are between 7:30 am - 12:30 pm & 2:45 - 5:30 pm

The following volunteer opportunities are available:

- -Read to the children on a one-on-one basis or as a group
- -Interact with children on the play yard, in the sandbox, or in the water tables
- -Climb, run, or play outdoor games with the children
- -Go on walks around the campus with the children and staff members
- -Help to care for the animals in the center
- -Help to care for the garden
- -Disinfect and clean children's equipment
- -Help prep activities
- -Be involved in everyday classroom activities

While volunteering, you can learn more about child development training and potential employment opportunities. Volunteers may choose to give a few hours of time each month, a few hours of time each day or may volunteer every week.

Contact: Michelle Holm/Chief Executive Officer

michelle@childrensresource.org

805-544-0801

1720 Bishop Street, San Luis Obispo

Glean SLO

Through the act of harvesting and sharing food, we connect and nourish our community to build stronger relationships and a deeper appreciation for our food.

Glean: to harvest or collect leftover fruits and vegetables that would otherwise go to waste.

For more information, to sign up to volunteer or to see harvest dates and times go to www.gleanslo.org

Volunteer for Downtown SLO Farmers Market Bike Valet

Bike SLO County's Bike Valet (bike parking service) parks bikes year-round at every Thursday Farmers Market and we would love your help! If you have never done bike valet before, don't worry, it's easy! Riders give you their bikes, if you give them a claim ticket, they give it back when they return and you give them their bike back. You can watch our short one minute video on YouTube to see how it's done: https://youtu.be/xKnje5wCOPQ

Meet up at the corner of Morro and Higuera, in the street next to the Apple Store.

We have two shifts, an early shift and a late shift.

Early Shift: 5:30 PM - 7:15 PM Late Shift: 7:15 PM - 9:00 PM

Contact:

Steve Akers

steve@bikeslocounty.org

1-805-547-2055

Food Bank Volunteer

Go to https://www.slofoodbank.org to learn more.

Volunteer with Cars! Help fix them, clean them, and sell them!

Mission Cars is a nonprofit organization that takes in donated vehicles (cars, trucks, SUVs, motorhomes, and boats), makes repairs as needed, and sells the cars. All of the proceeds made from the car sales go to other nonprofit organizations. One of them being New Life K9s. New Life K9s provides

Service Dogs for Veterans or First Responders with PTSD, at no charge to the Veteran or First Responder.

Mission cars works with several community nonprofits. To see them all please visit missioncars.com.

If you think you can assist with car repairs, car cleaning, or selling of cars please send me an email. We appreciate any help you can provide!

16 or older. Anytime during business hours: Mon-Fri 8:00AM-6:00PM.

173 Buckley Road San Luis Obispo, CA 93401

Contact: Dillon Jamison

dillon@sonecarefoundation.org

805-596-0409

ECHO Shelter Atascadero Meal Server

ECHO Shelter Atascadero is currently looking for volunteers to help with our Meal Server position. Shift time runs from 3:45pm-6pm. Available shift dates will vary.

Position Description: The meal server position entails boxing up and passing out to-go meals during our community dinner program (about 60-80 meals). Volunteers are scheduled in groups of three. This position is best suited for people who enjoy working with others in a supportive role. Training for this position will be provided during the volunteer's first few shifts.

ECHO (El Camino Homeless Organization) provides shelter for some of the unhoused men, women and children in SLO Country, 365 nights a year. Please consider volunteering at ECHO Shelter Atascadero as we continue to provide supportive services to those in our county who need it the most!

If you are interested in this position, please contact Raychel Nowak at 805-539-7858 or Rnowak@echoshelter.org.

Growing Grounds Nursery

Growing Grounds Farm is a 2-acre wholesale farm and nursery providing agricultural therapy, vocational rehabilitation, and socialization opportunities for adults with severe mental illnesses.

"Nurturing plants and people"

Growing Grounds Farm relies on the efforts of a broad spectrum of community volunteers for the completion of large projects and ongoing maintenance. There are many ways to volunteer at Growing Grounds Farm from one time spur of the moment efforts for ongoing long-term volunteering!

The nursery is located at 3740 Orcutt Road in San Luis Obispo and we welcome volunteers on a drop in basis Monday 10 AM - 1 Pm, and Tuesday through Friday between 9 AM and 1 PM. For volunteering during this time frame, all you need to do is show up prepared to work, long pants, closed-toed shoes, face mask and sign an Oath of Confidentiality, as you will be working alongside TMHA clients. We also recommend you bring water and sunscreen as needed.

If you are interested in volunteering as an individual or in a group, please contact <u>volunteer@t-mha.org</u> or 805-540-6564

Doggie Does Good

Project: Puppy Raisers Needed

Contact Information:

Email: destiny@doggiedogood.com

Phone Number: (805)473-1701

One Cool Earth

Project: Garden Workdays

Contact Information:

Website: www.onecoolearth.org/volunteer.html

Project: Calling all artists, amazing opportunity to add some art to school gardens

Contact Information: Name: Evie Kinkade

Email: eviek@onecoolearth.org
Wilshire Community Service

Project: Adopt a grandparent

Contact Information: Name: Kristen Grasso

Email: kgrasso@wilshirecs.org

Phone Number: (805)547-7025 x 2214

Letters For Rose

Project: Writing letters to elderly

Contact Information:

Email: lettersforrosesanluisobispo@gmail.com

Rancho de los Animales for the Disabled Inc.

Project: Help out around the ranch and help with therapeutic petting zoo and therapeutic riding

Contact Information:

Name: Suzanne Rains or Beth Currier

Email: <u>radbcurrier@gmail.com</u> Phone Number: (805)459-9083

Dana Adobe Cultural Center

Project: Looking for students who love planning and helping to host events to volunteer

Contact Information:

Phone Number: (805)929-5679

Creston Village

Project: Volunteer to help at Creston Village Assisted Living

Contact Information:

Name: Oscar

Phone Number: (805)239-1313

VIRTUAL OPPORTUNITIES

- 1. Letters to those in need: Start a letter writing campaign to people in need. Write On Campaign
- 2. Contact a local nursing home and get the names of all the residents from a wing of their center write them each a personal note of encouragement and support and mail them.
- 3. Assist the Blind: Assist a blind individual with daily tasks through the app Be My Eyes
- 4. Test, evaluate or develop elements of the National Park Service's online presence.
- 5. Transcribe historical documents for the Smithsonian.
- 6. Volunteer to Translate with Translators without Borders.
- 7. Troops: Write letters to soldiers overseas. <u>Support Our Troops</u>, <u>A Million Thanks</u>, <u>Operation</u> <u>Stars and Stripes</u>

***Go to www.volunteerslo.org to find current opportunities in the county.